What is Love? ~a simple word with so much meaning

People around the world are thinking about love and romance today. And not without reason-love is a wonderful feeling! But close your eyes and think about love for a minute. What does love mean to you? Love is a feeling, but what else is it?

Love is commitment. I am spending this Valentine’s Day with my sweetheart. The first time I met the woman who is now my wife. I fell in love with her. When we got married, I committed to love her. That means no matter what I am feeling, I will try my best to care for her and be kind to her. And I will not change my mind about my love for her. Love is both a feeling and something we commit to do.

Love is action. When you think about it, love is almost always expressed through action. If you are in love, you keep thinking of ways to show your love to the other people. When you are completely in love, there’s nothing you wouldn’t do to show your devotion to the person you love.

Love is sacrifice. The action of love often includes sacrifice. Jesus once said, “There is no greater love than to lay down one’s life for one’s friends.” And there are hundreds of books filled with stories of people giving their lives for their country, family or friends. When you love someone dearly, no sacrifice is too great. However, laying down your life doesn’t necessarily mean losing your life. It can mean giving up something you want for someone else. we can all choose to sacrifice our needs and wants for the sake of others. Learning how to love means learning how to be selfless.

Love is sharing. Some might say that love is giving. But I believe it goes beyond giving because love is about relationship. So I like to say, “love is sharing!” when you have a lot of love in your heart, you want to share it with the ones you love.