

# 嘉義縣 111 學年度全英語教學暨口說評量活動設計教案甄選

## 教案設計比賽甄選（封面）

主題名稱：有 Eye 無礙 Love at the First Sight

參賽組別：國小

適合年級：三年級

設計理念：


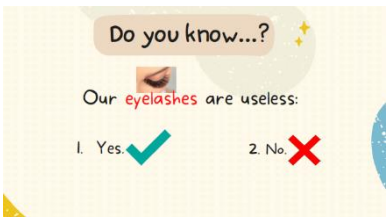
讓學生在學習英語的同時，學會關注自己的眼睛健康，並在生活中培養良好的眼睛保健習慣。我們的教案將通過豐富的活動和互動，提高學生對眼睛健康的認識和重視，從而引導他們建立良好的生活習慣和健康觀念。具體來說，我們將設計生動有趣的英語練習活動，引導學生學會保護眼睛、識別疲勞和預防近視等方面的知識。讓學生透過實際操作和觀察，加深對眼睛保健的認識和理解。最終，我們希望透過這個主題的教學，提高學生的英語能力和眼睛保健意識，鼓勵學生通過實際行動來實踐和體現所學。

作品編號：請勿填寫

全英語教學~教案設計

單元名稱 Unit/Title	有 Eye 無礙 Love at the First Sight	適用年級 Grade	三年級
配合融入之學科 領域(如無，可 略) Integrated Subjects	<input type="checkbox"/> 數學 <input type="checkbox"/> 自然科學 <input type="checkbox"/> 綜合活動 <input checked="" type="checkbox"/> 健康與體育 <input type="checkbox"/> 生活課程 <input type="checkbox"/> 藝術 <input type="checkbox"/> 社會 <input type="checkbox"/> 科技 (第四學習階段)		
配合融入之議題 Integrated Issues	<input type="checkbox"/> 性別平等教育 <input type="checkbox"/> 人權教育 <input type="checkbox"/> 環境教育 <input type="checkbox"/> 海洋教育 <input type="checkbox"/> 品德教育 <input type="checkbox"/> 生命教育 <input type="checkbox"/> 法治教育 <input type="checkbox"/> 科技教育 <input checked="" type="checkbox"/> 資訊教育 <input type="checkbox"/> 能源教育 <input checked="" type="checkbox"/> 安全教育 <input type="checkbox"/> 防災教育 <input type="checkbox"/> 閱讀素養 <input type="checkbox"/> 多元文化教育 <input type="checkbox"/> 國際教育 <input type="checkbox"/> 生涯規劃教育 <input type="checkbox"/> 家庭教育 <input type="checkbox"/> 原住民教育 <input type="checkbox"/> 戶外教育		
總綱核心素養(跨 領域)或領綱核心 素養(單領域) MOE Core Competencies	<p>學科領域素養 Core competencies of content learning</p> <p>健體-E-A1 具備良好身體活 動與健康生活的 習慣，以促進身心 健全發展，並認識 個人特 質，發展運 動與保健的潛能。</p> <p>健體-E-A3 具備擬定基本的 運動與保健計畫及實作能力，並以創新思考方式，因應日常生 活情境。</p> <p>英語文領域素養 Core competencies of language (English) learning</p> <p>英-E-A1 具備認真專注的 特質及良好的學 習習慣,嘗試運 用基本的學習策 略,強化個 人英語文能力。</p> <p>英-E-B1 具備入門的聽、說、讀、寫英語文能力。在引導下,能運 用所 學、字詞及句型進行簡易日常溝 通。</p>		
單元目標 Unit Objectives	<ol style="list-style-type: none"> <li>1. To know the different parts of our eyes.</li> <li>2. To know the functions of our eyes.</li> <li>3. Understand how to take care of our eyes.</li> <li>4. Understand how to do the eye exercise.</li> <li>5. Evaluate our own eye habits.</li> </ol>		

表現任務 Performance Tasks	Be able to— 1. Tell the parts of eyes. 2. Understand the tips to take care of eyes. 3. Do the eye exercise. 4. Find out the bad habits and think about how to improve it.
Culture/ Community/ Citizen 情境脈絡 節次配置 Title of Each Period	Culture: Understand the different ways to describe the degree of nearsightedness.  Period one: Understanding the functions of different parts of the eyes.  Period two: Knowing how to protect our eyes.
第一節、第二節 First and Second Period	
相關領域之學習 表現或相關議題 之實質內涵 MOE Curriculum Guidelines	學科領域學習表現 Performance of content learning 1a-II-2 了解促進健康生活的方法。 1b-II-1 認識健康技能和生活技能對健康維護的重要性。 2b-II-1 遵守健康的生活規範。 2b-II-2 願意改善個人的健康習慣。 3a-II-1 演練基本的健康技能。  英語文領域學習表現 Performance of language (English) learning 1-II-10 能聽懂簡易句型的句子。 2-II-3 能說出課堂中所學的字詞。 3-II-2 能辨識課堂中所學的字詞。 4-II-3 能臨摹抄寫課堂中所學的字詞。 6-II-1 能專注於教師的說明與演示。 6-II-2 積極參與各種課堂練習活動。 6-II-3 樂於回答教師或同學所提的問題。
學習目標 Learning Objectives	學科學習內容 Content
	Da-II-2 身體各部位的功能與衛生保健的方法。 Fb-II-1 自我健康狀態檢視方法與健康行為的維持原則。

語言學習內容 (Language of Learning) Communication			
<p>目標字詞 Target vocabulary :</p> <ol style="list-style-type: none"> <li>1. Eye parts: eyelash, eyelid, pupil, iris, eyebrow</li> <li>2. Eye health: sleep, eat, sit, do, follow</li> <li>3. Eye exercise: rub, cover, rotate</li> <li>4. nearsighted</li> </ol> <p>目標句型 Target sentences:</p> <p>What can ____ do?</p> <p>What do you do to take care of your eyes?</p> <p>I _____.</p> <p>I'm at _____.</p> <p>I'm nearsighted.</p> <p>I'm not nearsighted.</p>			
	步驟 Procedures	教學資源 Teaching Resources	認知能力 Cognition
<p>學習活動 Learning Tasks</p>	<p><b>Period 1</b></p> <p><b><u>Warm up</u></b></p> <p>1. Teacher shows PPT and asks students to guess some information about eyes.</p> <p>(1) Do you know an eyeball is about the size of?</p>  <p>(2) Our eyelashes are useless. Yes or No?</p> 	<p>PPT</p>	<p>能認識與理解眼睛的功能並體認到眼睛的重要性</p>

(3) You can get a sunburn on your eyes.

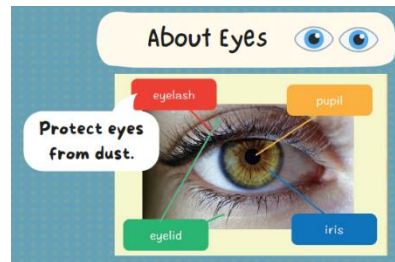
Yes or No?



Students guess the answers and the discuss the reasons with teacher and classmates.

**Presentation**

1. Teacher shows the picture of the parts of an eye and teaches students how to say those parts in English.
2. Teacher discusses the functions of those parts with students.



**Practice:**

1. Wordwall Online Practice
  - (1) Teacher creates a set of matching game on Wordwall website. Publish the game URL on Google Classroom.
  - (2) Students can practice the English of the parts of eyes by themselves. They can review the vocabulary from the game by their own steps.

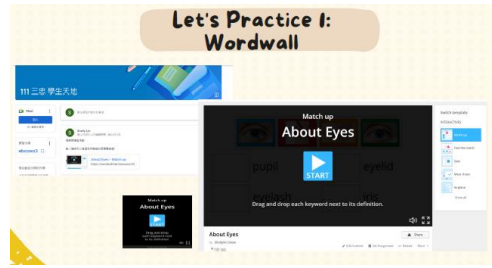
PPT

能辨識保護眼睛的方法

能與同儕討論眼睛的功用並相互學習

<https://wordwall.net/tc/resource/39025125/about-eyes>

能透過多模態的學習方式激發學生多元智能的學習樣態



## 2. Eye Protection Worksheet

- (1) Students finish the first part of worksheet.
- (2) Teacher reviews the functions of the parts of eyes.

### Production

Students show their worksheet and choose a part of the eye then tell its function in front of the class by using the following patterns.

★ This is my \_\_\_\_\_. (eyelid/ eyelash/ iris/ pupil/ eyebrow)

★ It can \_\_\_\_\_.

(Protect eyes from dust./ Control the light. / Keep the eye wet. / Control the size of the pupil.)

### Wrap up

1. Teacher reviews the names of the parts of eyes and their functions with

Worksheet

Worksheet

PPT

students.

2. Students need to color the worksheet and hand in next time.

**Period 2**

**Warm up**

1. Teacher shows a picture of what people see if they are nearsighted in different degree.
2. Students learn how to say their degree if they are nearsighted and also know how to say they are not nearsighted



They can say “I’m at minus one.” or “I’m not nearsighted.”

**Presentation & Practice: Care for Eyes**

1. Teacher shows six numbers and have students to guess what they are.



2. Students learn the information about eye protection by knowing the meaning of the number.

Worksheet

PPT

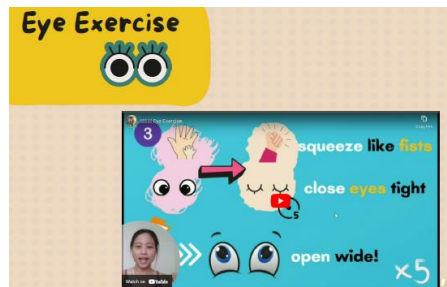
PPT

- 8- Sleep for 8 hours.
- 5- Eat 5 kinds of fruits and vegetables.
- 3- Sit with 3 right angles.
- 2- Outdoor activities for 2 hours.
- 4- Look away from the 4 electronics.
- 0- 3010: Use 30 minutes, rest for 10 minutes.



**Production: Eye Exercise**

1. Teacher shows how to do the eye exercise.
2. Students learn the actions of eye exercise by following teacher's instructions.
3. Do the eye exercise with video together.



**Wrap up:**

1. Students finish the second part of worksheet by reviewing the eye exercise.
2. Students check their habits about protecting eyes. If they have bad habit, they need to think about how to correct it

PPT

YouTube:

<https://www.youtube.com/watch?v=E9Bj1scmfAY>

Worksheet

Self-Evaluation Form



and write down the solutions.

**What do you do to take of your eyes?**

- ★ I sleep for 8 hours.
- ★ I eat healthy.
- ★ I sit with 3 right angles.
- ★ I go outdoors.
- ★ I look away from the 4 electronics.
- ★ I follow the 30/10 rules.

Class: \_\_\_\_\_ Name: \_\_\_\_\_

**CARE FOR EYES**

What do you do to take care of your eyes?

		😊	☹️
8	I sleep for 8 hours.		
5	I eat 5 kinds of fruits and vegetables.		
3	I sit with 3 right angles.		
2	I do outdoor activities for 2 hours.		
4	I look away from the 4 electronics.		
0	I follow the 30/10 rules.		

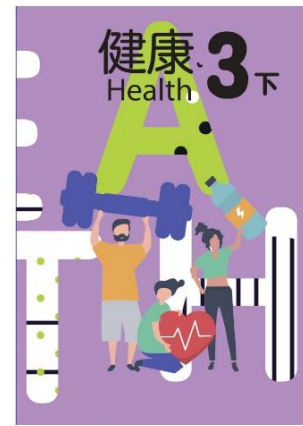
1. 請選擇一項自己最想改善的用眼習慣，並分析問題的原因?  
\_\_\_\_\_

2. 有哪些方法可以改善這些習慣?  
\_\_\_\_\_

自編自選教材或學習單 Learning Materials

1. 臺北市自編 CLIL 雙語補充教材及聽說評量工具

<https://sites.google.com/view/tp-clil/Health?authuser=0>



2. Worksheet (網路資源)

3. Self-Evaluation Form

Class: \_\_\_\_\_ Name: \_\_\_\_\_

**CARE FOR EYES**

What do you do to take care of your eyes?

		😊	☹️
8	I sleep for 8 hours.		
5	I eat 5 kinds of fruits and vegetables.		
3	I sit with 3 right angles.		
2	I do outdoor activities for 2 hours.		
4	I keep away from the 4 lights.		
0	I follow the 30/10 rules.		

1. 請選擇一項自己最想改善的用眼習慣，並分析問題的原因?  
\_\_\_\_\_

2. 有哪些方法可以改善這些習慣?  
\_\_\_\_\_

#### 4. PPT



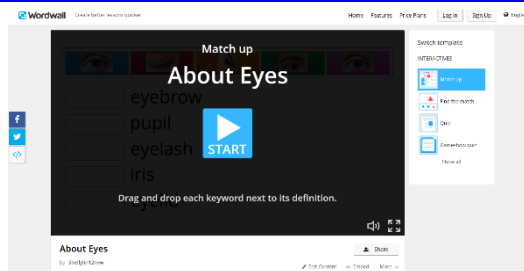
#### 5. Eye Exercise

<https://www.youtube.com/watch?v=E9Bj1scmfA>



#### 6. Wordwall

<https://wordwall.net/tc/resource/39025125/about-eyes>



語言使用 Use of Language		
課室語言 Classroom Language	授課語言 Instructional Language	互動語言 Interactional Language
<p>Hello. Raise your hand. Come here. Good for you. Excellent. Good job. Take out your pencil. Are you done? Pass the worksheet. Follow me. See you next time.</p>	<p>Look at the picture. Let's watch a video. Look and write. Any volunteer? What is it? Any questions? Let's do the exercise together.</p>	<p>Do you know the size of an eyeball? What is the function of <u>iris</u> (pupil, eyelash, eyelid)? What do these numbers mean? How to take care of your eyes?</p>

<p>評量 Assessment</p>	<p>學科內容學習評量</p> <ol style="list-style-type: none"> <li>1. Finish the worksheet.</li> <li>2. Name at least one of the parts of eyes and know its function.</li> <li>3. Be able to do the eye exercise with the instructions.</li> <li>4. Finish the Self-Evaluation Form.</li> <li>5. Write down at least one bad habit and know how to improve it.</li> </ol> <p>英語口說學習評量</p> <ol style="list-style-type: none"> <li>1. Students can introduce at least one of the parts of eyes and say the function according to their worksheet.</li> <li>2. Answer teacher's questions in the class.</li> <li>3. Say out the actions when doing the eye exercise.</li> </ol>
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## 全英語教學~學習活動設計

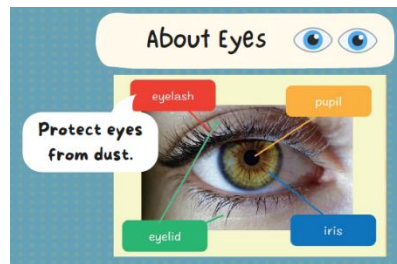
領域／科目／跨領域		健康與體育	
實施年級		三年級	總節數 共 <u>2</u> 節， <u>80</u> 分鐘
(聚焦之)單元名稱		有 Eye 無礙 Love at the First Sight	
設計依據			
學習重點	學習表現	<p>學科領域學習表現</p> <p>Performance of content learning</p> <p>1a-II-2 了解促進健康生活的方法。</p> <p>1b-II-1 認識健康技能和生活技能對健康維護的重要性。</p> <p>2b-II-1 遵守健康的生活規範。</p> <p>2b-II-2 願意改善個人的健康習慣。</p> <p>3a-II-1 演練基本的健康技能。</p> <p>英語文領域學習表現</p> <p>Performance of language (English) learning</p> <p>1-II-10 能聽懂簡易句型的句子。</p> <p>2-II-3 能說出課堂中所學的字詞。</p> <p>3-II-2 能辨識課堂中所學的字詞。</p> <p>4-II-3 能臨摹抄寫課堂中所學的字詞。</p> <p>6-II-1 能專注於教師的說明與演示。</p>	核心素養
		<p>學科領域素養 Core competencies of content learning</p> <p>健體-E-A1</p> <p>具備良好身體活動與健康生活的習慣，以促進身心健全發展，並認識個人特質，發展運動與保健的潛能。</p> <p>健體-E-A3</p> <p>具備擬定基本的運動與保健計畫及實作能力，並以創新思考方式，因應日常生活情境。</p> <p>英語文領域素養 Core competencies of language (English) learning</p> <p>英-E-A1</p> <p>具備認真專注的特質及良好的學習習慣，嘗試運用基本的學習策略，強化個人英語文能力。</p> <p>英-E-B1</p> <p>具備入門的聽、說、讀、寫英語文能力。在引導下，能運用所學、字詞及句型進行簡易日常溝通。</p>	

		<p>6-II-2 積極參與各種課堂練習活動。</p> <p>6-II-3 樂於回答教師或同學所提的問題。</p>	
	學習內容	<p>學科學習內容:</p> <p>Da-II-2 身體各部位的功能與衛生保健的方法。</p> <p>Fb-II-1 自我健康狀態檢視方法與健康行為的維持原則。</p> <p>語言學習內容:</p> <p>目標字詞 Target vocabulary :</p> <p>1. Eye parts: eyelash, eyelid, pupil, iris, eyebrow</p> <p>2. Eye health: sleep, eat, sit, do, follow</p> <p>3. Eye exercise: rub, cover, rotate</p> <p>4. nearsighted</p> <p>目標句型 Target sentences:</p> <p>What can ____ do?</p> <p>What do you do to take care of your eyes?</p> <p>I _____.</p> <p>I'm at _____.</p> <p>I'm nearsighted.</p> <p>I'm not nearsighted.</p>	
議題融入	議題／學習主題	資訊教育、安全教育	
	議題實質內涵	資 E2 使用資訊科技解決生活中簡單的問題。 安 E6 了解自己的身體。	
與其他領域／科目的連結		健康與體育	

<b>教材來源</b>	1. 翰林第五冊 健康與體育 2. 臺北市自編 CLIL 雙語補充教材及聽說評量工具
<b>學習目標</b>	
<ol style="list-style-type: none"><li>1. 了解眼睛各部位及其功用。</li><li>2. 知道如何愛護自己的眼睛。</li><li>3. 覺察自己用眼的壞習慣並知道如何改善。</li><li>4. 眼睛部位及功能的英語說法。</li><li>5. 用英語說出保護眼睛的方式。</li><li>6. 跟著指令做出護眼操。</li></ol>	



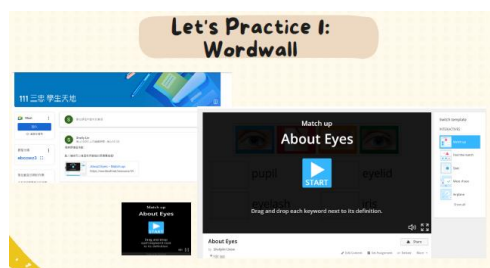
2. Teacher discusses the functions of those parts with students.



### **Practice (10')**

#### **1. Wordwall Online Practice**

- (1) Teacher creates a set of matching game on Wordwall website. Publish the game URL on Google Classroom.
- (2) Students can practice the English of the parts of eyes by themselves. They can review the vocabulary from the game by their own steps.



Practice the vocabulary with Wordwall.

#### **2. Eye Protection Worksheet**

- (1) Students finish the first part of worksheet.
- (2) Teacher reviews the functions of the parts of eyes.

Finish the first part of worksheet.

### **Production (8')**

Students show their worksheet and choose a part of the eye then tell its function in front of the class by using the following patterns.

★ This is my \_\_\_\_\_. (eyelid/ eyelash/ iris/ pupil/ eyebrow)

★ It can \_\_\_\_\_.

(Protect eyes from dust./ Control the

light. / Keep the eye wet. / Control the size of the pupil.)

Present the worksheet in front of the class and read aloud.





number.

8- Sleep for 8 hours.

5- Eat 5 kinds of fruits and vegetables.

3- Sit with 3 right angles.

2- Outdoor activities for 2 hours.

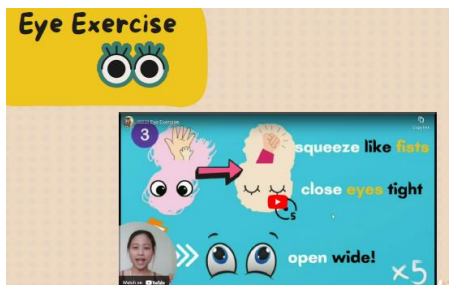
4- Look away from the 4 electronics.

0- 3010: Use 30 minutes, rest for 10 minutes.



**Production: Eye Exercise (10')**

1. Teacher shows how to do the eye exercise.
2. Students learn the actions of eye exercise by following teacher's instructions.
3. Do the eye exercise with video together.



**Wrap up (10')**

1. Students finish the second part of worksheet by reviewing the eye exercise.
2. Students get the self-evaluation form and check their habits about protecting eyes. If they have bad habit, they need to think about how to correct it and write down the solutions.

Understand how to do the eye exercise.

Finish the worksheet.

Finish the self-evaluation form

<p><b>What do you do to take of your eyes?</b></p> <ul style="list-style-type: none"> <li>★ I sleep for 8 hours.</li> <li>★ I eat healthy.</li> <li>★ I sit with 3 right angles.</li> <li>★ I go outdoors.</li> <li>★ I look away from the "I" electronics.</li> <li>★ I follow the 30/10 rules.</li> </ul>	<p>Class: _____ Name: _____</p> <p><b>CARE FOR EYES</b> </p> <p>What do you do to take care of your eyes?</p> <table border="1"> <tr> <td></td> <td></td> <td>😊</td> <td>☹️</td> </tr> <tr> <td>8</td> <td>I sleep for 8 hours.</td> <td></td> <td></td> </tr> <tr> <td>5</td> <td>I eat 5 kinds of fruits and vegetables.</td> <td></td> <td></td> </tr> <tr> <td>3</td> <td>I sit with 3 right angles.</td> <td></td> <td></td> </tr> <tr> <td>2</td> <td>I do outdoor activities for 2 hours.</td> <td></td> <td></td> </tr> <tr> <td>4</td> <td>I look away from the "I" electronics.</td> <td></td> <td></td> </tr> <tr> <td>0</td> <td>I follow the 30/10 rules.</td> <td></td> <td></td> </tr> </table> <p>1. 請選擇一項你已經做到的健康習慣，並說明你將如何改進。</p> <p>2. 寫下你想學習的英文單字。</p>			😊	☹️	8	I sleep for 8 hours.			5	I eat 5 kinds of fruits and vegetables.			3	I sit with 3 right angles.			2	I do outdoor activities for 2 hours.			4	I look away from the "I" electronics.			0	I follow the 30/10 rules.				
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3	I sit with 3 right angles.																														
2	I do outdoor activities for 2 hours.																														
4	I look away from the "I" electronics.																														
0	I follow the 30/10 rules.																														

教學設備／資源：互動式螢幕、PPT、YouTube 影片、自我檢核表

● 參考資料：

- 一、 翰林第五冊 健康與體育
- 二、 臺北市自編 CLIL 雙語補充教材及聽說評量工具
- 三、 護眼操: <https://www.youtube.com/watch?v=E9Bj1scmfA>

附錄：

(請自行增刪)

## 【實施成效】

<ul style="list-style-type: none"> <li>● 領域/科目/跨領域：英語/ 健康與體育</li> <li>● 實施年級：三年級</li> <li>● 授課教師(作者1/2/3之一)：林珮秀</li> </ul>			
項目	項次	檢核指標	課程實施情形描述
課程實施	1	能依據課程計畫所訂定之各週進度實施課程	<p>學生能認真專注的學習對於眼睛的功用和功能。</p> <p>學生能透過多元的方式學習與表達對於保護眼睛與用眼的正確知識。並嘗試用英文表達不畏犯錯。</p> <p>學生能在引導之下運用所學。</p>
	2	能善用相關之教學資源、教具、器材等，充實課程內容，並豐富學習經驗	
	3	課程實施之歷程，能落實差異化、適性化之原則，以符應不同學生之學習風格	
	4	針對學習落後之學生，能於課中或課後進行補救教學，以減少學習落差	
課程效果	5	能依課程內容及特性，採用最合宜之多元評量方式，評估學生學習成效	<p>認知:學生能認識到眼睛之構造。</p> <p>技能:學生能將所學用自己所學之知識表達。</p> <p>情意:學生能積極參與課堂活動，專注聆聽同儕發表，並將所學，實際運用於生活中。</p>
	6	課程經實施及評量後，多數學生確實能達成該學習領域/科目核心素養，並精熟學習重點	
	7	能依據評量結果，滾動式修正課程設計及規劃，調整教學策略，以促進有效教學目標之達成	
	8	面對教學目標與教學成效兩者之落差，能積極規劃自主性專業成長方案，以提升教學效能	

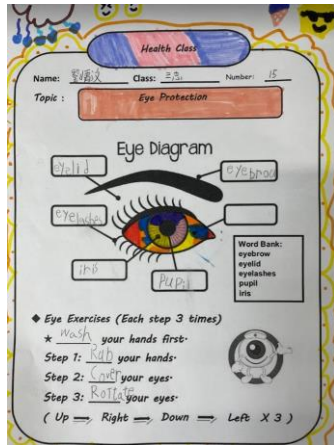
課程實踐歷程紀錄(課堂學習活動照片、學生成果照片等)



說明1：學生上台發表



說明2：學生上台發表



說明3：學生作品



說明4：練習正確的護眼姿勢



說明5：護眼操實際演練



說明6：課堂教學，學生勇於發表不畏犯錯

## 課程實踐省思與回饋

教學生涯中，最美麗的風景是看到學生專注的眼神，最美妙的聲音是學生朗朗的讀書聲，本課程的發響，有愛(eye)無礙 love at the first eye sight，冀望的是學生能透過對於雙眼的保護和功能性，體會的要珍惜自己的健康，儲存健康財富，才能面對未來多元多變的社會，透過雙語健康的課程，在無壓的環境下，愛護眼睛、認真與同儕一同學習，一同愛眼愛健康。